

What we need to put in the boxes

Eating & drinking

Large cooking pan (preferably new)
4 plastic bowls and cups
4 sets metal knife/fork/spoon
Can opener and scissors
Strong plastic bucket

Hygiene

4 new toothbrushes and toothpaste
Pack of cotton wool
Sanitary pads
4 Soap tablets
Washing powder or flakes (hand wash)

For babies

4 Towelling nappies + safety pins
Vests and baby grows
Plastic pants
Feeding bottle or cup

For shelter

Small shovel or hand trowel
Screwdriver and screws
Hammer and nails 50mm plus
Strong folding knife
Clothes line
Garden wire (20m x 2mm dia)
Pliers

Generally helpful

Childs toy (small)
Insulation tape
Needle and strong cotton
Small torch with separate sealed pack of batteries
Ball of string
6 candles and safety matches
Bin liners
Pencils and paper
Lightweight waterproof clothing

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